



DRAGON'S BREATH BULLETIN

June 2025

Editor/Publisher: Deb Hyde

Save the Dates!

June 26th	Potluck Party	4:00 – 7:00	Tugaloo Pavilion
July 8th	Raft-Off	12:00 – 3:00	Watch for more info.

InstaTeam Social Media Tab

This InstaTeam tab [located on the landing page] is a great way to post photos and other odds & ends that may be of interest to the members.

Please use the Social Media forum for posts other than those directly related to club activities and events. Its use prevents overwhelming Group message sections.

If you access InstaTeam via a computer [rather than mobile device] ...you will NOT receive email notifications of new postings to Social Media. Be sure to check for posts each time you log in. BTW...I'm a desktop user and make it a practice to check the message panel in case I missed a notification.

Remember – As a courtesy to other members, please keep responses to Group posts to a minimum. Rather, message reactions and questions directly to individuals or perhaps the Social Media tab.

Race Festival Information

Have you seen the 2025 race festival information posted to the website? Tellicoheat.com > Club Info. > Race Presentation

<https://tellicoheat.com/wp-content/uploads/2025-race-Presentation-1.pdf>

Posting the Club Info password in the Bulletin is too public! If you forgot it, private message one of your club buds or committee members; Rob, Virginia, Jane, Deb H. or Lynne. A summary of races may be found at the end of this Bulletin.

Logo Car Magnets

It turns out that many vehicles do not have enough metal to affix a magnet!

I'm researching vinyl stickers for windows and paddles. I should have two cost estimates in the next couple of days and will be ordering 'samples' the week of the 15th. Stay tuned!

Many thanks to those who helped bail and dry the boats! Jon Jaworski and Fred Lizardo comprise the maintenance committee and were often first out following by sweeps and coaches. Team members pitched in as they showed up. Thank you, all!



Race Schedule

June 14 th	Montgomery, Alabama Captain: Virginia	https://www.montgomerydragonboats.com/
		<i>***Virginia has secured a block of 40 seats to the Biscuits Baseball Game on Saturday Night. Watch for more information***</i>
July 26th	Chicago, Illinois Captain: Julie	https://mldb.gwnevents.com/chicago
August 23rd	Johnson City, TN Captain: Mary Pat	https://honorflightah.org/fundraiser/
Sept. 6th	Alexandria, Kentucky Captain: Deb Smith	https://www.p4ca.org/
Sept. 20th	Macon, Georgia Captain: TBD	https://www.panamdragonboat.com/races/2025-heart-of-georgia-dragon-boat-festival/
Nov. 1st	Hernando, Florida Captain: TBD	TBD

TBD	Intra-Club Races Captain: Jodie
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Summary information for each race may be found on the Tellico Heat website > Club Info. > Jan 2025 Team Meetings > Race Presentation; <https://tellicoheat.com/wp-content/uploads/2025-race-Presentation.pdf>

The Festival Captains will liaison with the event managers and will pass on details as they become available.

Practice Paddles Timing

A couple of words about practice paddles:

1. Please arrive ½ hour before posted paddle start.
This is to allow time for greeting your teammates and an adequate warm up to prevent injury to cold muscles! ! In addition, it helps to mentally prepare you to "Focus" on the task at hand.
"Preparation is everything, and focus is the key."
~ Unknown
2. Practices are designed to be back at the posted time. However, there are times when the outing may take us slightly beyond; we're have darn too much fun!
3. Please let the coaches know before practice if you have a commitment that requires you to be back on time! And we'll watch the time extra carefully.
4. Also, before practice, let the coach know if you are in anyway unwell or have physical limitations.