

About Tellico Heat Dragon Boat Club

- Tellico Heat Dragon Boat Club [“THDBC”] was founded in 2015.
- In 2016 a small but dedicated group embraced the sport and with patience and commitment sustained the Club.
- Like minded people were attracted to dragon boat as an additional fitness opportunity that added a competition component.
- A core group of leadership built their expertise as paddlers and coaches by attending coaching class(s), training camps and using the wealth of information available on all facets of the sport.
- As a result of their passion, THDBC attracted 35 new members in 2023 and a similar number in 2024.
- For each of the last two years THDBC has participated in four competitions, or Festivals, sponsored by non-profits organizations. THDBC donated a combined \$8,000 and \$6,050 for 2023 and 2024 respectively for causes such as Harmony House Domestic Violence Shelter, Breast Cancer Awareness, Cumberland River Pact and Knox Area Rescue Mission. The 2024 total was impacted by the cancellation of Lake James Festival after the devastation of Hurricane Helene.
- The men and women of THDBC welcome the opportunity to enjoy our beautiful lake and to work toward personal fitness and team competition goals while continually developing their skills unique to the sport of dragon boat.
- Whether a member chooses to compete or not, wonderful camaraderie is built by participating in all levels of learning and fitness sessions, filling in on competition practices or working on a spot for festival competitions. Group social events and communications keep everyone connected and grow friendships.

Member Southeastern Regional Dragon Boat Association



Insert Photo Montage/Spinner